

September 2019

SYDNEY INDOOR CLIMBING GYM

St Peters – Ph 9519 3325

Bookings: please phone between 9:30am and 4:00pm weekdays



Vacation Care Climbing

Here is some information about bringing a vacation care group to our gym.

- The cost is **\$10.00 per climber** and this includes harness hire. This is our discount rate and is only available during school holidays to vacation care groups. Helpers do not have to pay if they are not climbing.
- **We require payment on the day** with cash, cheque, EFTPOS or credit card.
- You can stay for a maximum of three and a half hours. We open at 9.30am.
- The children can bring their own food and drinks or they can buy snacks and drinks here.
- **If the climbers are under 12, they need to be belayed** (have the rope held) by an adult or teenager. Our staff will train the belayers which you provide. A ratio of 1 belayer to every 5 climbers is recommended, but the more the better. Belaying is not a difficult job once you know how.
- We can supply belayers at \$35 per hour for a minimum of 2 hours each. This must be booked in advance.
- **All climbers and belayers need to fill in our membership/waiver form**, and this needs to be signed by a parent or guardian if the climber is under 18. You'll need to bring the forms on the day.
- You can download the waiver from www.indoorclimbing.com.au or we can email it. The waivers need to be filled in and signed by the parent or guardian before you arrive.
- **Clothing:** Light sensible clothing i.e. shorts, tights or loose pants. No skirts or tight jeans.
- **Footwear:** Enclosed shoes or joggers. No sandals or thongs.
- **Transport:** St Peters station is a 10 min walk away. Buses also run along the Princes Hwy which is 10 min walk away. There is plenty of room for buses to park in the car park

Call us on 9519 3325 to make a booking, and ...

have fun!